

# Androscoggin River, Pontook Dam Reach 2019 Recreational Whitewater Release Dates

**Note that a portion of the recreation flow release will start 10-15 minutes before the scheduled time, to warn users out of reach of the audible and visual warning systems that flow is increasing. For your safety, this smaller increase is an additional warning for users to exit the river before the release has ramped up to full flow.**

**River Flow Information:  
1-844-430-3569 (FLOW)**

[SafeWaters.com](http://SafeWaters.com)



**350 cfs minimum flow at all times not shown below:**

**River flow and levels at these facilities are subject to change.  
Please exercise caution when recreating upstream or downstream of dams and powerhouses.**

APRIL							MAY							JUNE						
SU	M	TU	W	TH	F	SA	SU	M	TU	W	TH	F	SA	SU	M	TU	W	TH	F	SA
	1	2	3	4	5	6				1	2	3	4							1
7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8
14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15
21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22
28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29
														30						

**500 CFS 9 AM TO 6 PM (Saturday of Memorial Day weekend until June 30)**

**500 CFS 9 AM TO 6 PM, EXCEPT FULL RIVER FLOW (UP TO 2,200 CFS) 10 AM TO 4 PM (week-ends and holidays from the Saturday of Memorial Day weekend through June 30)**

JULY							AUGUST							SEPTEMBER						
SU	M	TU	W	TH	F	SA	SU	M	TU	W	TH	F	SA	SU	M	TU	W	TH	F	SA
	1	2	3	4	5	6					1	2	3	1	2	3	4	5	6	7
7	8	9	10	11	12	13	4	5	6	7	8	9	10	8	9	10	11	12	13	14
14	15	16	17	18	19	20	11	12	13	14	15	16	17	15	16	17	18	19	20	21
21	22	23	24	25	26	27	18	19	20	21	22	23	24	22	23	24	25	26	27	28
28	29	30	31				25	26	27	28	29	30	31	29	30					

**500 CFS 8 AM TO 6 PM (July 1 until Labor Day)**

**500 CFS 8 AM TO 6 PM, EXCEPT FULL RIVER FLOW (UP TO 2,200 CFS) 10 AM TO 4 PM (Fridays, Saturdays, Sundays, and holidays from July 1 through Labor Day)**

**500 CFS 8 AM TO 4 PM (day after Labor Day until September 30)**

**500 CFS 8 AM TO 4 PM, EXCEPT FULL RIVER FLOW (UP TO 2,200 CFS) 10 AM TO 4 PM (two weekends following Labor Day)**